



FOOD



Welcome to Two Whales Coffee Shop—a family run business. We believe in providing fresh, wholesome and delicious vegetarian and vegan (v) food and drink, whilst respecting environmental concerns.

— HOT FOOD —

Soups of the Day

Home made, gluten-free (and usually dairy-free) served with fresh bread. The large soup comes with freshly made, seasonal salads with own house dressing. Please ask for our gluten-free bread options.

- Small soup served with bread \$7.00
- Large soup served with bread and salads \$11.00

Paninis

Each panini arrives with freshly made, seasonal salads with our house dressing. We are pleased to offer gluten free and dairy free options. *Please see over for our current list of paninis.*

- Panini and salads \$12.50

Hearty Lunch Combo

- Panini and salads with a small soup \$18.00

Our Homemade Bagel

- Toasted with butter, homemade jam, Marmite or seed butter \$3.25
- Toasted with cream cheese \$4.25

— ESPECIALLY FOR CHILDREN —

- Banana and honey or Peanut butter and homemade jam sandwich \$5.00
- Plain toasted cheese sandwich \$5.00

Made with our homemade multigrain bread.

— PANINI MENU —

Berry Picker

Brie, partridgeberry pickle and spinach

The Bollywood (v)

Curried lentil paté; apple, mango chutney with zingy grated carrot

Happy Hippie (v)

Hummus, roasted peppers, red onion, sundried tomato and black olives

Naughty Nanny

Goat's cheese, spinach and sweet chilli

Parisian

Brie and garlic mushrooms relish

Ploughman

Mature cheddar with one of our homemade chutneys

Roman

Mozzarella, pesto and tomato

Some Like It Hot

Spicy black bean paté, red onion, roasted peppers, strong cheddar and jalapeno

TLT (v)

Tempeh (soy-based healthy alternative to bacon), lettuce & tomato with whole grain Dijon mustard and vegan mayo