





Welcome to Two Whales Coffee Shop—a family run business. We believe in providing fresh, wholesome and delicious vegetarian and vegan (v) food and drink, whilst respecting environmental concerns.

# — HOT FOOD —

#### Soups of the Day

Home made, gluten-free (and usually dairy-free) served with fresh bread. The large soup comes with freshly made, seasonal salads with own house dressing. Please ask for our gluten-free bread options.

Small soup served with bread	\$7.00
Large soup served with bread and salads	\$11.00

#### **Paninis**

Each panini arrives with freshly made, seasonal salads with our house dressing. We are pleased to offer gluten free and dairy free options. *Please see over for our current list of paninis.* 

Panini and salads	\$12.50
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## Hearty Lunch Combo

Panini and salads with a small soup \$18.00

### Our Homemade Bagel

Toasted with butter, homemade jam, Marmite or seed butter	\$3.25
Toasted with cream cheese	\$4.25

## — ESPECIALLY FOR CHILDREN —

Banana and honey or Peanut butter and homemade jam sandwich	\$5.00
Plain toasted cheese sandwich	\$5.00

Made with our homemade multigrain bread.

# --- PANINI MENU ---

#### **Berry Picker**

Brie, partridgeberry pickle and spinach

#### The Bollywood (v)

Curried lentil paté; apple, mango chutney with zingy grated carrot

#### Happy Hippie (v)

Hummus, roasted peppers, red onion, sundried tomato and black olives

#### Ploughman

Mature cheddar with one of our homemade chutneys

#### Roman

Mozzarella, pesto and tomato

#### Some Like It Hot

Spicy black bean paté, red onion, roasted peppers, strong cheddar and jalapeno